

ALYSON MEISTER



About: With an HBA from the Richard Ivey School of Business (at Western University) in Canada and PhD from Melbourne University, she is a global nomad who has lived and worked on five continents. Now a professor of leadership and organizational behaviour at IMD. Specializes in leading diversity and change, and supporting organizations to cultivate inclusive, adaptive, and resilient leaders.

Ideas: Research on how individuals develop and manage their multiple identities, how they become leaders, and the identity dynamics between individuals and groups in organizations. Most recent research surrounds inclusion at work, and how feeling marginalized, stereotyped or mislabeled impacts stress, well-being and job performance.

Content: [Academic articles](#) published in leading journals, and HBR articles include "What's Your Leadership Origin Story" and "How Women Manage the Gendered Norms of Leadership". [imd.org/faculty/professors/alyson-meister](https://www.imd.org/faculty/professors/alyson-meister)

T50 Verdict: "Important research on how people can navigate, manage, and overcome bias throughout their careers."