

# JENNIFER MOSS

**NATIONALITY / COUNTRY OF ORIGIN:**

Canada

**BIO:**

Award-winning journalist, author and international public speaker; nationally syndicated radio columnist and writer for Harvard Business Review. Strategist and expert driving the conversation towards healthier workplace cultures.

**IDEAS:**

Writes and researches on workplace cultures and wellbeing. Novel research on burnout conducted during the pandemic informs Jennifer's latest work and publishing. Recognized expert on burnout, arguing that we need to rethink our definition and approach to burnout prevention.

**CONTENT:**

*[The Burnout Epidemic](#)* (2021); *['Beyond Burned Out'](#)* (HBR); *['The Future of Well Being is Now'](#)*; *['Navigating the Next "New Normal" for Business in a Post-Pandemic World'](#)*; *['Rethinking Burnout: When Self-Care is Not the Cure'](#)*; *['Are You Burned Out at Work? You're Not Alone'](#)*.

**WEBSITE:**[jennifer-moss.com](http://jennifer-moss.com)**SOCIAL MEDIA:**

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