

# MODUPE AKINOLA

**NATIONALITY / COUNTRY OF ORIGIN:**

USA

**BIO:**

Professor and Director of Bernstein Center for Leadership and Ethics at Columbia Business School. Award-winning teacher. Former consultant, investment banker, and social entrepreneur. Host of TED Business Podcast.

**IDEAS:**

Studies stress and the biology of leadership. Examines why some thrive while others buckle under stress, offering interventions to optimize stress and achieve valued goals. Also researches workforce diversity, including the biases that affect the recruitment and retention of women and people of color in organizations.

**CONTENT:**

Podcast: 'TED Business'; Online Stress Courses: 'Ten Percent Happier with Dan Harris'; Insight Timer TV: 'Limitless with Chris Hemsworth'. Published in premiere scientific journals including PNAS, Psychological Science, Journal of Applied Psychology, Academy of Management Journal. Noteworthy media coverage: The New York Times, NPR, Wall Street Journal, Financial Times.

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